

| Date | Start | Event Name | Location | Description |
|----------------|---------|---|---|-------------|
| Wed 02/27/2019 | 2:45 pm | FHS - Track & Field Pre-Season Meeting | Findlay High School Auxiliary Gym | |
| Thu 03/28/2019 | 5:00 pm | FHS TR w/ Findlay Tri | Findlay High School Cooper Tire Track and Field Complex | |
| Tue 04/02/2019 | 4:30 pm | FHS TR @ Hopewell Loudon | Hopewell Loudon High School | |
| Fri 04/05/2019 | 5:00 pm | FHS TR @ BG Invite | Bowling Green High School | |
| Tue 04/09/2019 | 5:00 pm | FHS TR @ Findlay Tri | Findlay High School Cooper Tire Track and Field Complex | |
| Fri 04/12/2019 | 4:00 pm | FHS TR @ Titan Invite | Toledo St. Johns Jesuit | |
| Thu 04/18/2019 | 4:30 pm | FHS TR @ Eastwood Relays | Eastwood High School | |
| Tue 04/23/2019 | 4:30 pm | FHS TR @ Van Buren | Van Buren High School | |
| Fri 04/26/2019 | 4:00 pm | FHS GTR @ Nancy Erme Memorial Relays | Notre Dame Academy | |
| Fri 04/26/2019 | 4:30 pm | FHS BTR @ Knight Relays | St Francis High School | |
| Tue 04/30/2019 | 5:00 pm | FHS TR w/ Fremont Ross | Findlay High School Cooper Tire Track and Field Complex | |
| Fri 05/03/2019 | 4:30 pm | FHS TR Cooper Tire Track & Field Invite | Findlay High School Cooper Tire Track and Field Complex | |
| Wed 05/08/2019 | 4:00 pm | FHS TR @ TRAC Prelims | Whitmer High School | |
| Fri 05/10/2019 | 4:00 pm | FHS TR @ TRAC Finals | Whitmer High School | |
| Sat 05/11/2019 | 4:00 pm | FHS JVTR @ TRAC Championships | TBD | |